

R U N
are you in?

LifeGroups
get connected.

TRANSFORMATION

"And we... are being transformed into His likeness."

2 Corinthians 3:18

CHETS TOP 5

ESL Informational Meeting
January 24th • 12:30 p.m.

Celebrate Recovery Anniversary
January 25th • 7:00 p.m.

2nd Annual High School Crock Off
January 31st
12:30 p.m.

C.L.A.S.S. 101-401
January 31st • 5:00 p.m.

Life University Tailgate Party & Kick-off
February 3rd • 5:30 p.m.



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Volume XI No. 3

Discussion Guide

Life Sentences - "Noah"

FOCUS: to discuss the obedient life of Noah and be challenged to live a life of obedience.

"Noah did everything just as God commanded him."

Genesis 6:22 (NIV)

1. God said after the creation that it was good (Genesis 1:24, 31). What went wrong? (Genesis 6:5)
2. What is the meaning and significance of describing mankind as "corrupt" three times in (vs. 11-12)?
3. How similar is mankind today to the people of Noah's day?
4. God gave clear instructions to Noah in very specific language (6:13-21). How does the written Word of God give clear direction for living? How close do you follow God's advice in your daily walk?
5. Four times in Genesis it says that Noah did just as God commanded (6:22; 7:5, 9, 16). How are you doing in the area of obeying God?
6. Outline the following passages to discover an obedient lifestyle.
 - a. (1 Samuel 15:22)
 - b. (Acts 5:29)
 - c. (2 Corinthians 10:5)
 - d. (Hebrews 13:17)
7. Is there any decision in your life that you need to give to God to follow Him in obedience?
8. Noah preached for 120 years and waited for the flood and then he waited until the land was dry after the flood, demonstrating tremendous patience. How are you on 'waiting on God'? How can you increase your patience?
9. Outline God's blessings and promises for Noah.
 - a. (Genesis 9:1)
 - b. (2-3)
 - c. (4-6)

Promises

 - d. (8-11)
 - e. (12-17)
10. Do you live like you believe the blessings and promises in the Bible? If not, what needs to change?

Read Thru the Bible

"How sweet your words taste to me; they are sweeter than honey. Your commandments give me understanding; no wonder I hate every false way of life. Your word is a lamp to guide my feet and a light for my path."
Psalm 119:103-105

Jan	Old Testament	New Testament	Psalm	Proverbs
24	Genesis 42:5-43:14	Matthew 15:10-39	14:1-7	3:13-14
25	Genesis 43:15-44:34	Matthew 16:1-20	15:1-5	3:15-16
26	Genesis 45:1-46:27	Matthew 16:21-17:13	16:1-6	3:17-18
27	Genesis 46:28-48:22	Matthew 17:14-18:9	16:7-11	3:19-20
28	Genesis 49:1-50:26	Matthew 18:10-35	17:1-5	3:21-24
29	Exodus 1:1-2:25	Matthew 19:1-22	17:6-12	3:25-26
30	Exodus 3:1-4:31	Matthew 19:23-20:19	17:13-15	3:27-28
31	Exodus 5:1-6:30	Matthew 20:20-21:11	18:1-6	3:39-32

LifeGroup Prayer Requests:

"You are not responsible for everyone in the church family - but you are responsible to them. So speak encouraging words to one another. Build up hope so you'll all be together in this, no one left out, no one left behind."

1 Thessalonians 5:11

LOOKING TOWARD NEXT SUNDAY

Esau ~ Hebrews 12:16

To examine the unethical choices of Esau and others and be challenged to live his/her life in the center of God's will.

MONDAY - JANUARY 25, 2010

Read Genesis 25:19-26

19 This is the account of Abraham's son Isaac. Abraham became the father of Isaac, 20 and Isaac was forty years old when he married Rebekah daughter of Bethuel the Aramean from Paddan Aram [a] and sister of Laban the Aramean. 21 Isaac prayed to the LORD on behalf of his wife, because she was barren. The LORD answered his prayer, and his wife Rebekah became pregnant. 22 The babies jostled each other within her, and she said, "Why is this happening to me?" So she went to inquire of the LORD. 23 The LORD said to her, "Two nations are in your womb, and two peoples from within you will be separated; one people will be stronger than the other, and the older will serve the younger." 24 When the time came for her to give birth, there were twin boys in her womb. 25 The first to come out was red, and his whole body was like a hairy garment; so they named him Esau. 26 After this, his brother came out, with his hand grasping Esau's heel; so he was named Jacob. Isaac was sixty years old when Rebekah gave birth to them.

- Who were the parents of Esau?
- Who was Esau's twin brother?
- Why did Rebekah seek God's advice during her pregnancy?
- What was the significance of God's answer?
- God has a plan for every person. Do you know what God's plan is for your life?
Pray and ask God to give you the strength and courage to follow His plan for your life.

TUESDAY - JANUARY 26, 2010

Read Genesis 25:27-34

27 The boys grew up, and Esau became a skillful hunter, a man of the open country, while Jacob was a quiet man, staying among the tents. 28 Isaac, who had a taste for wild game, loved Esau, but Rebekah loved Jacob. 29 Once when Jacob was cooking some stew, Esau came in from the open country, famished. 30 He said to Jacob, "Quick, let me have some of that red stew! I'm famished!" (That is why he was also called Edom. 31 Jacob replied, "First sell me your birthright." 32 "Look, I am about to die," Esau said. "What good is the birthright to me?" 33 But Jacob said, "Swear to me first." So he swore an oath to him, selling his birthright to Jacob. 34 Then Jacob gave Esau some bread and some lentil stew. He ate and drank, and then got up and left. So Esau despised his birthright.

Esau was a man with many skills, he was a leader, and a man full of potential, but he made wrong choices and decisions.

- How did Esau get the name Edom?
- What is a birthright?
- Why would Esau sell his birthright for a bowl of stew?
- Do you think Esau realized what he was doing or did he even care?
- We suffer the consequences of our choices. When we make bad choices then our consequences can become very severe. Do you seek God's guidance when making choices?
- Do you consider all the consequences of the choices you are making?

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WEDNESDAY - JANUARY 27, 2010

Read Genesis 27:30-42

30 After Isaac finished blessing him and Jacob had scarcely left his father's presence, his brother Esau came in from hunting. 31 He too prepared some tasty food and brought it to his father. Then he said to him, "My father, sit up and eat some of my game, so that you may give me your blessing." 32 His father Isaac asked him, "Who are you?" "I am your son," he answered, "your firstborn, Esau." 33 Isaac trembled violently and said, "Who was it, then, that hunted game and brought it to me? I ate it just before you came and I blessed him—and indeed he will be blessed!" 34 When Esau heard his father's words, he burst out with a loud and bitter cry and said to his father, "Bless me—me too, my father!" 35 But he said, "Your brother came deceitfully and took your blessing." 36 Esau said, "Isn't he rightly named Jacob [a] ? He has deceived me these two times: He took my birthright, and now he's taken my blessing!" Then he asked, "Haven't you reserved any blessing for me?" 37 Isaac answered Esau, "I have made him lord over you and have made all his relatives his servants, and I have sustained him with grain and new wine. So what can I possibly do for you, my son?" 38 Esau said to his father, "Do you have only one blessing, my father? Bless me too, my father!" Then Esau wept aloud. 39 His father Isaac answered him, "Your dwelling will be away from the earth's richness, away from the dew of heaven above. 40 You will live by the sword and you will serve your brother. But when you grow restless, you will throw his yoke from off your neck." Jacob Flees to Laban 41 Esau held a grudge against Jacob because of the blessing his father had given him. He said to himself, "The days of mourning for my father are near; then I will kill my brother Jacob." 42 When Rebekah was told what her older son Esau had said, she sent for her younger son Jacob and said to him, "Your brother Esau is consoling himself with the thought of killing you."

- Because of the choices Esau had made, how was his blessing taken from him?
- Even though Isaac was deceived by Jacob and Rebekah, why do you think Isaac refused to change the blessing?
- What was Esau's response and threat when he didn't receive the blessing?
- Today, is your life like Esau's; irresponsible, irreverent, irreligious, careless and loose, or is your life balanced, centered in the will of God, following God's plan and making a difference where you are? Spend some time alone with God today.

THURSDAY - JANUARY 28, 2010

Read Hebrews 12:14-17

14 Make every effort to live in peace with all men and to be holy; without holiness no one will see the Lord. 15 See to it that no one misses the grace of God and that no bitter root grows up to cause trouble and defile many. 16 See that no one is sexually immoral, or is godless like Esau, who for a single meal sold his inheritance rights as the oldest son. 17 Afterward, as you know, when he wanted to inherit this blessing, he was rejected. He could bring about no change of mind, though he sought the blessing with tears.

Esau became associated with the Edomites, a people that continually antagonized and fought against God's chosen people, Israel. Therefore God chose to destroy them.

- Read the following accounts written by the prophets about the Edomites.

Jeremiah 49:7-22

Ezekiel 25:14-14

Amos 1:11-12

Malachi 1:1-5

Hebrews 12:17

FRIDAY - JANUARY 29, 2010

Read Jeremiah 29:11-14

11 For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future. 12 Then you will call upon me and come and pray to me, and I will listen to you. 13 You will seek me and find me when you seek me with all your heart. 14 I will be found by you," declares the LORD, "and will bring you back from captivity. [a] I will gather you from all the nations and places where I have banished you," declares the LORD, "and will bring you back to the place from which I carried you into exile."

Spend time today seeking God in all His Glory, making Him the Lord and Savior of your life. Ask Him to show you His plan for your life, and commit to follow Him.

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